



Welcome!

The Millstone Family Restaurants are locally owned and operated. We are proud to have you as customers and sincerely appreciate your business. We hope you enjoy your visit with us and that we will see you again soon!

Our three locations are conveniently located at:

2010 West Main Street, across from Baken Park Shopping Center in Rapid City, 605-343-5824

1520 LaCrosse Street in front of the Comfort Inn, I-90 Exit 59 in Rapid City, 605-348-9022

620 East Jackson, I-90 Exit 12 in Spearfish, South Dakota, 605-642-4200

Millstone Favorite Breakfasts

All eggs on our breakfast menu can be substituted with cholesterol-free Egg Beaters®

Steak & Eggs

A choice 6 ounce tender cut sirloin steak prepared to perfection, two farm fresh eggs and golden hashbrowns, served with toast and jelly 9.50



Eggs Benedict

Two poached farm fresh eggs with Canadian bacon, served on a grilled English muffin and topped with our own hollandaise sauce. Served with hashbrowns 7.75

Beef & Eggs

Large third-pound chopped beef patty, two country fresh eggs, crisp and golden hashbrowns, served with toast and jelly 7.50

Country Fried Steak & Eggs

A country fried steak prepared to perfection, two farm fresh eggs and golden hashbrowns, served with toast and jelly 8.75

Millstone "Big Burrito"

Sausage, egg, cheese and hashbrowns rolled into a 12" flour tortilla and topped with green chili, shredded cheese and sour cream 8.20

Our Famous Millstone Skillets

Hungry Man Skillet

Golden brown French toast, two strips of crisp bacon and two eggs cooked to order, served on a bed of crispy hashbrowns 6.75

Country Skillet

Crispy hashbrowns with a special mix of sausage, onion and green pepper, topped with two farm fresh eggs and served with toast 6.95

Celebration Skillet

For breakfast lovers who like a touch of Mexican flavor. Grilled peppers, tomatoes and seasoned ground beef on a large bed of crispy hashbrowns, topped with two eggs any style and shredded cheddar cheese. Picante sauce, sour cream, toast and jelly on the side 7.50

Corned Beef Hash

An old Millstone favorite topped with two country fresh eggs. Served with toast and jelly 6.80

Black Hills Skillet

Crispy hashbrowns with a mix of our very special smoked sausage, tomato, onion and green pepper combination. Topped with farm fresh eggs and served with choice of toast 7.70

Ham & Cheese Skillet

Diced ham piled on a bed of crisp hashbrowns. We top it off with two eggs and zesty cheese sauce, served with toast 7.20

Millstone Classic Breakfasts

Two Eggs, Hashbrowns & Toast

Farm fresh eggs, golden crisp hashbrowns and toast with jelly 5.75
Served with bacon, sausage or smoked sausage 6.35
Or served with ham 6.75

Millstone Feature

Two Eggs, Toast & Coffee or Tea

We serve up two eggs cooked your way with toast and jelly and your choice of coffee or tea 4.45

Served Anytime!

Sorry, no discounts and no substitutions.



French Toast

Three slices of bread dipped in our own special Millstone egg batter 5.55
Served with bacon, sausage or smoked sausage 6.60
Or served with ham 7.00

Diced Ham & Scrambled Eggs

Savory diced ham combined with scrambled farm fresh eggs and served with hashbrowns, toast and jelly 6.45

Biscuits & Sausage Gravy

One fresh buttermilk biscuit smothered with sausage gravy, with two eggs on the side 5.05

Served Anytime!

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**You are welcome to have anything on the menu your way.
We do charge for extra sour cream, cheese, gravy and other substitutions or additions.**

Pancakes

Buttermilk Pancakes

The cakes that made the Millstone famous—three of the world's lightest, most tender buttermilk cakes 5.10
Add strawberry or blueberry topping
 (includes whipped topping) 6.50

Eggs & Cakes

Two farm fresh eggs and three golden hot griddle cakes 5.75

All pancakes are served with butter and warm syrup on the side.

Pigs In A Blanket

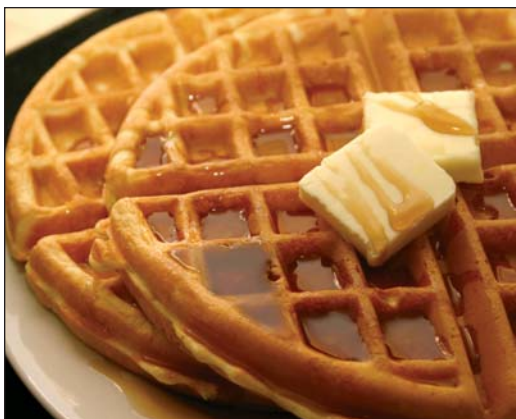
Extra large pancakes wrapped around three lean, pure pork sausages—you'll love these "three little pigs" 6.80

Ranch Breakfast

Two "ranch" fresh eggs prepared the way you like them, sizzling bacon and two golden brown pancakes 6.25



The Original Belgian Waffles



Golden Crisp Waffle

Millstone's rich and baked crisp waffle is truly delightful eating 5.10

Strawberry Cream Waffle

Plump, red, juicy strawberries in our own compote, topped with whipped cream 6.25

Blueberry Waffle

Delicious! Topped with whipped cream 6.25



Millstone Muffins

A fresh-baked delight for every breakfast appetite—ask about today's varieties!

2.60



Side Orders

Assorted Cereals

Served with milk 2.45
Add fruit for just 1.50

Old Fashioned Oatmeal

A large bowl of rolled oats cooked the gold old way on our stove top.
 Served from 6 to 11 a.m. 3.00
Add fruit for just 1.50

English Muffin 1.65

Bagel 2.20

One Egg 1.25

Bacon 2.85

Sausage Links or Patties 2.85

Smoked Sausage 2.85

Millstone Chips 2.25

Ham 3.25

American Fried Potatoes 2.25

Hashbrowns 2.25

Toast 1.65

Caramel Roll 2.25

Millstone Omelettes

Omelettes are made with three country fresh eggs and served with golden hashbrowns, toast and jelly.

The Everything Omelette

The name says it all!
 Savory ham, American cheese, tender mushrooms, zesty green peppers and onions 7.65

Denver Omelette

A delightful combination of smoked ham, tasty green peppers and onions 7.35

Spanish Omelette

South of the border flair!
 Generous portions of green peppers and seasoned beef topped with cheese, served with a side of sour cream and picante sauce 7.35

Ham & Cheese Omelette

Always a favorite! A large portion of chopped smoked ham, with a gently flavored American cheese.
 M-m-m-mmm good! 7.40

Mushroom & Cheese Omelette

The tempting taste of plump, tasty mushrooms smothered in American cheese 7.35

Pilgrim's Favorite Cheese Omelette

A light and fluffy omelette filled with your choice of American or Swiss cheese 6.65

Millstone Favorite Lunches

All of our delicious sandwiches are served with your choice of French fries, tossed salad or a cup of our homemade soup. You may add Soup and Salad Bar for just \$2.50

French Dip

Tender slices of roast beef stacked on a toasted sourdough roll. Served with hot au jus and pickle 7.65

Reuben

Thinly sliced corned beef stacked high on rye, garnished with sauce, Swiss cheese, tangy kraut and pickle 7.65

BLT

Crisp, lean bacon with fresh tomatoes, lettuce and mayonnaise on your choice of white or whole wheat toast 7.10

Davey Jones

Tender flaky fish fillet and cheese on a toasted bun with our own tartar sauce, lettuce and pickle 7.05

Frisco Chicken Sandwich

Marinated, grilled chicken breast topped with bacon, tomato, Swiss and American cheeses. Layered on sourdough bread and grilled to perfection 8.15

Frisco Beef Sandwich

One-third pound hamburger patty topped with bacon, tomato, Swiss and American cheeses. Layered on our sourdough bread and grilled to perfection 8.15

Fish & Chips

Three pieces of Boston battered flaky fish served with golden crisp Millstone chips. Served with lemon and tartar sauce. (No choice of soup, salad or fries) 7.45

Millstone Monte Cristo

Texas toast dipped in eggs and grilled with melted Swiss cheese and buffet ham. Served with raspberry preserves on the side 8.45

Pork Tenderloin Sandwich

Cut of breaded pork loin steak, served on a bun with mayonnaise, lettuce and tomato 7.35

Turkey Club

Triple-decker with bacon, turkey, mayo, lettuce, tomato and pickle 7.65

Tuna Melt

Tasty tuna salad between slices of grilled wheat bread with melted cheese and a pickle 7.30

Millstone Steak Sandwich

6 Ounce Tender Cut Sirloin Steak

Served open faced on toast with French fries and an onion ring garnish 9.25
(No Salad Bar at this special price.)
Sorry, no discounts and no substitutions.

Chicken Sandwiches

Chicken Griller

A marinated, grilled chicken filet served on a bun with lettuce, tomato and mayonnaise 7.05

Chicken Roundup

A four ounce breaded chicken breast topped with ham and Swiss cheese and served on a toasted bun with mayonnaise, lettuce and barbecue sauce 7.70

Cajun Chicken

Grilled chicken breast Louisiana style on a grilled bun with mayonnaise, guaranteed to spice up your life! 7.15

Breast of Chicken

Breaded and fried, served open faced with mayonnaise, lettuce, tomato and pickle 6.90

Chicken Melt

A griller topped with zesty cheese sauce and crisp bacon 7.70

Our Famous Burgers

Millstone Burger

Fresh ground beef topped with American cheese, two slices of bacon, accented with our BBQ sauce on a fresh toasted bun with a pickle 7.30

Swiss Mushroom Burger

Fresh ground beef topped with Swiss cheese, sliced mushrooms and accented with a pickle 7.10

Homestyle Burger

Fresh ground beef with pickle on the side, lettuce and tomato, served on a fresh toasted bun 6.05
Make that with cheese 6.35

Buffalo Burger

Fresh, lean buffalo served with pickles, lettuce and tomato on a fresh toasted bun 7.90

Double Cheeseburger

Two fresh beef patties topped with melted cheese, served on a toasted bun with lettuce and pickle 7.65
Make that with bacon 8.25

Patty Melt

Ground beef on grilled whole wheat bread with Swiss and American cheeses, sauteed onions and pickle 7.10

Hot Chickwagon

Large breaded chicken breast served sandwich style with mashed potatoes and steaming hot country gravy poured over everything 7.90

Hot Hamburger

Our hamburger patty served sandwich style alongside a helping of mashed potatoes smothered in delicious beef gravy 7.55

Hot Sandwiches

Chuckwagon

Our homemade chicken fried beef steak served sandwich style, smothered in delicious country style gravy 7.55

Hot Beef

Delicious sliced roast beef piled high on two slices of bread smothered in our homemade beef gravy 7.55

Hot Turkey

Our tender turkey breast atop two pieces of bread smothered in homemade turkey gravy 7.55

You are welcome to have anything on the menu your way.
We do charge for extra sour cream, cheese, gravy and other substitutions or additions.

Millstone Salads

Asian Crispy Chicken Salad

Tender chicken strips chopped on a bed of lettuce with green peppers and tomatoes, served with an Asian sesame dressing and Chinese noodles 7.70

Walnut Chicken Salad

Marinated chicken, julienne cut with chopped walnuts on top of a large bed of iceberg lettuce. Tomatoes, lemon wedges and your choice of dressing complement this great salad 7.75

Taco Salad

We take a flaky tortilla bowl and fill it with garden greens, diced tomatoes and onions, black olives, specially seasoned ground beef and cheddar cheese, topped with sour cream and picante sauce, or your choice of dressing on the side 7.45
With breast of chicken 7.90

Millstone Breakfast, Lunch or Dinner

All eggs on our menu can be substituted with cholesterol-free Egg Beaters®. Old-fashioned, good-for-you oatmeal is available from 6 a.m. to 11 a.m. Our Salad Bar features low-fat, low-cholesterol items and fried foods are prepared in non-transfat oil. Mayonnaise is used on all of our salads. Our delicious soups and pies are homemade and low in sodium.

Cajun Chicken Salad

Spicy Louisiana style chicken strips on top of a large bed of iceberg lettuce with diced green peppers, tomatoes, lemon and your choice of salad dressing—guaranteed to wake up your taste buds! 7.80

Tomato Stuffed With Cottage Cheese

Garnished with a hard boiled egg, carrot sticks and served with dry whole wheat toast 6.60

Millstone Deluxe Salad

Tossed salad topped with ham, cheese, egg and tomato, served with your choice of dressing and crackers 6.20

Soup & Salad

A bowl of Millstone's hot, homemade soup and a deluxe lettuce salad, with egg, diced ham, tomato and flavored cheese 7.95

Chef Salad

A mound of fresh green lettuce adorned with savory diced ham and turkey, egg halves, juicy red tomatoes and American and Swiss cheeses, served with choice of dressing and crackers 7.70

Tomato Stuffed With Tuna Salad

Garnished with a hard boiled egg, carrot sticks and served with dry whole wheat toast 6.60

Rudy's Diet Delight

Four ounce grilled chicken breast and cottage cheese on a bed of lettuce with pineapple and sliced hard boiled egg, with dry whole wheat toast 7.50

Dieter's Delight

Ground beef and cottage cheese on a bed of lettuce with peaches and a sliced hard boiled egg, served with dry whole wheat toast 7.10



Soup and Salad Bar

A bounty of fresh and delicious choices awaits you at our Soup and Salad Bar, available from 11 a.m. to 9 p.m. for just...

7.55

Millstone Senior Menu

For all those age 60 and older

French Toast

Two slices of French toast with bacon or sausage 4.85

One Farm Fresh Egg

With toast, hashbrowns and bacon or sausage 4.85
Served with ham 5.15

Two Buttermilk Pancakes

Served with bacon or sausage 4.85

Senior Sizzling Skillet

A bed of hashbrowns topped with one egg and sautéed sausage, peppers and onions, served with one slice of toast 6.15

Hamburger

Served with your choice of potato 4.90

Tuna Sandwich, BLT or Grilled Cheese

Enjoy any one of these three classics for just 5.40
With ham 5.65
Half sandwich for just 5.00

Chicken Strips

Served with your choice of potato and toast 5.90

Senior's Spaghetti

Served with garlic toast 5.95

One-Third Pound Hamburger Steak

Served with your choice of potato and toast 6.15

*Two Piece Chicken Dinner

Our tender chicken served with your choice of potato and vegetable 5.95

*Any request for specific pieces of chicken will be an additional 75¢ charge. Please allow 15+ minutes to prepare our chicken meal.

The items above include your choice of a salad or a cup of our homemade soup.

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Sorry, no substitutions. Senior Discount does not apply to the above Senior Menu items.

Millstone Beef & Steak

Served with all-you-can-eat Soup and Salad Bar and choice of potato—baked, American fries, hashbrowns, French fries, Millstone Chips or mashed. When our salad bar is not available, a tossed salad will be substituted.

South Dakota Pride

10 ounces of tender cut sirloin steak, prepared to your liking and served at the moment of perfection with garlic toast and an onion ring garnish. South Dakota, we're proud of you! 11.20

Junior Steak

6 ounces of tender cut sirloin steak prepared to perfection. Served with grilled garlic toast and an onion ring garnish 9.95

Junior Steak and Shrimp

"From the land and sea," our tender 6 ounce sirloin steak, prepared to your liking, served at the moment of perfection with three jumbo shrimp and an onion ring garnish 10.90



Steak & Salad Bar

6 ounce tender cut sirloin steak, prepared to your liking, with our all you can eat salad bar, served with garlic toast and an onion ring garnish (does not include potato) 9.65

Hamburger Steak

Our 8 ounce chopped beef steak is prepared to order and served with grilled garlic toast and an onion ring garnish 8.75
Served with mushroom gravy 9.75

Supreme Dinner

The name says it all—one half pound of our own chopped beef prepared to perfection, with crisp bacon and American cheese, topped with our own tangy barbecue sauce.
Served with garlic toast 9.85

Swiss Mushroom Steak

8 ounces of lean chopped beef covered with Swiss cheese and sauteed mushrooms, served with garlic toast.
Truly delightful eating! 9.85

Buffalo Chopped Steak

8 ounces of fresh, lean buffalo, prepared to order and served with grilled garlic toast and an onion ring garnish 10.95

Millstone Chicken Specialties

Chicken Fried CHICKEN Steak

A large chicken breast made with our special breading. It's fried to order and served with luscious country gravy poured on top, mashed potatoes and vegetables.
Includes our all-you-can-eat Salad Bar 9.05

Chicken Strip Dinner

Four large chicken tenderloin strips fried golden brown, served on toast.
Includes our all-you-can-eat Salad Bar 9.05

* Two Piece Chicken Dinner

The Millstone is proud of our special recipe chicken! Our chicken dinners include our all-you-can-eat Salad Bar and your choice of baked potato, hashbrowns or French fries 7.55

* Three Piece Chicken Dinner

Three pieces of our special recipe chicken with your choice of potato, and a trip to our Salad Bar 8.25

* Four Piece Chicken Dinner

Four pieces of our special recipe chicken with your choice of potato, and a trip to our Salad Bar 8.95

* Two Piece Millstone Chicken Snack

Two pieces of our tender special recipe chicken served with French fries for just 6.15
(No Salad Bar at this special price.)



* Please allow 20+ minutes to prepare chicken meal.
Any request for specific pieces of chicken will be an additional 75¢ charge.

You are welcome to have anything on the menu your way.
We do charge for extra sour cream, cheese, gravy and other substitutions or additions.

Millstone Favorite Dinners

Served with our all-you-can-eat Soup and Salad Bar.
When our salad bar is not available, a tossed salad will be substituted.

Spaghetti and Meatball Dinner

A spicy Italian favorite served with garlic toast.
(Does not include potato) 8.75



Shrimp Dinner

Six jumbo Gulf shrimp, deep fried to a golden brown
and served with our special sauce and your
choice of potato 10.35

Chicken Parmigiana

Breaded chicken breast tenderloin with cheese and Italian
tomato sauce served on a bed of steaming spaghetti.
Served with garlic toast. (Does not include potato) 9.65

Country Fried BEEF Steak

Includes mashed potatoes, country gravy and
vegetables 9.10

Grilled Ham with Pineapple

Two slices of country smoked ham, grilled to perfection
and garnished with a grilled pineapple slice, served with
your choice of potato 9.10

Liver and Onions

Tender grilled beef liver smothered with sauteed onions
and served with your choice of potato 8.65

Dinner Features

Barbecued Pork Ribs

A generous helping of tender baby back ribs,
slow baked in a tangy barbecue sauce and served
with your choice of potato.
Includes Soup and Salad Bar 10.20

Walleye Fillet

Large, fresh water Canadian walleye pike,
grilled and served with lemon and tartar sauce,
served with your choice of potato.
Includes Soup and Salad Bar 10.25

Millstone Steak Sandwich

6 Ounce Tender Cut Sirloin Steak

Served open faced on toast
with French fries and an onion ring garnish 9.25

(No Salad Bar at this special price.)
Sorry, no discounts and no substitutions.

Millstone Famous Desserts

Hot Fudge Cake

Sinfully delicious 3.10

Millstone Cake

Ask your server for today's
selection 1.50
Cake ala mode 2.00

Hand Dipped Shakes or Malts

Thick and rich and delicious 4.50

Ice Cream Sundae

Two scoop ice cream sundae with choice
of strawberry, chocolate, hot fudge or
caramel topping 3.00

Small Ice Cream Sundae

One scoop of ice cream 2.50

Ice Cream or Sherbet

Small 1.50 Large 2.50

Hand Dipped Floats

Old-fashioned fun 99¢



Homestyle Fruit Pie

Ask your server for today's
selections 3.00
Pie ala mode 3.50

Fresh Cream Pie

Ask your server for today's
selections 3.05

Specialty Pie

Ask your server for today's selection 3.25

Apple Dumpling

Warmed up and served with cinnamon
ice cream 3.25

Extras, Additions & Side Orders

You are welcome to have anything on the menu your way.
We do charge for extra sour cream, cheese, gravy and other substitutions or additions.

Baked Potato 2.25
French Fries 2.25
American Fried Potatoes 2.25
Millstone Chips 2.25
Mashed Potatoes 2.25
Hashbrowns 2.25
Tossed Salad 2.20
Cottage Cheese 2.00
Jumbo Onion Rings 4.40
Chili (in season)
served with cheese and onions
Cup 3.35 Bowl 3.75

Soup of the Day
Cup 2.35 Bowl 2.65

One Egg 1.25
One Pancake 2.00
Cheese Sauce 1.60
Fruit Compote
Strawberry or Blueberry 1.60
Hollandaise Sauce 1.60
Gravies 1.60

**Mushrooms, Ham Bits,
Green Pepper, Onion,
Tomato, Cheese, Parmesan
Cheese, Cream Cheese**
1.60 each
Sour Cream 50¢
Seasonal Fruit Plate
Small 5.20 Large 6.75
Garlic Toast 1.50
One Slice of French Toast 2.00
One Slice of Toast 1.10

Beverages

Fruit Juice
12 ounce Tomato, Orange,
Grapefruit or Apple Juice 2.20
Milk 12 ounce glass 1.85
Hot Chocolate Ask for seconds 2.20
Shakes or Malts Hand dipped 4.25

Hot Tea
Regular and Herbal
Soft Drinks
Free Refills
Lemonade

We proudly serve
SUPERIOR® ICED TEA
and
SUPERIOR® 100% COLUMBIAN COFFEE
Regular and Decaffeinated
Ask for seconds!

Millstone Famous Desserts

Hot Fudge Cake
Sinfully delicious 3.10

Ice Cream Sundae
Two scoop ice cream sundae with choice
of strawberry, chocolate, hot fudge or
caramel topping 3.00

Small Ice Cream Sundae
One scoop of ice cream 2.50

Ice Cream or Sherbet
Small 1.50 Large 2.50

Hand Dipped Floats
Old-fashioned fun 99¢

Millstone Cake
Ask your server for today's
selection 1.50
Cake ala mode 2.00



Hand Dipped Shakes or Malts
Thick and rich and delicious 4.50

Homestyle Fruit Pie
Ask your server for today's
selections 3.00
Pie ala mode 3.50

Fresh Cream Pie
Ask your server for today's
selections 3.05

Specialty Pie
Ask your server for today's selection 3.25

Apple Dumpling
Warmed up and served with cinnamon
ice cream 3.25

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We are proud to have you as customers
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We hope you enjoy your visit with us
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